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SUGAR CRUSH



*How to Reduce Inflammation,
Reverse Nerve Damage, and
Reclaim Good Health*

DR. RICHARD P. JACOBY
AND RAQUEL BALDELOMAR

by Dr. Richard Jacoby : **Sugar Crush: How to Reduce Inflammation, Reverse Nerve Damage, and Reclaim Good Health**

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Description :

PDF-17e2a | A shocking look at the link between sugar, inflammation, and a host of preventable chronic diseases—perfect for fans of bestselling author Gary Taubes' *The Case Against Sugar*—from leading nerve surgeon Dr. Richard Jacoby. What *Grain Brain* did for wheat, this book by a leading peripheral nerve surgeon now does for sugar, revealing how it causes crippling nerve damage throughout the body—i... *Sugar Crush: How to Reduce Inflammation, Reverse Nerve Damage, and Reclaim Good Health*

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