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by Dr Fiona Zandt : **Creative Ways to Help Children Manage BIG Feelings: A Therapist's Guide to Working with Preschool and Primary Children**

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PDF-dea8f | Help children to stay on top of "big" feelings like anger, sadness and anxiety with this ingeniously easy-to-use therapy toolkit. Focusing on making therapy for children both purposeful and playful, the book provides 47 activities to transform your sessions using everyday materials and a variety of tried-and-tested therapy models. The authors deliver sage advice on how to work with children, adapti... *Creative Ways to Help Children Manage BIG Feelings: A Therapist's Guide to Working with Preschool and Primary Children*

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